



NEWSLETTER

December 2014

Welcome to our winter edition of the BSNC Juniors newsletter. We have lots of information and news to share with you! If you have any questions or queries please feel free to email us or come and have a chat at training.

WARM WELCOME!

Since the end of last season the junior section has expanded quite considerably as we have had many new players join the club. As a result we have been able to enter an extra team in the Avon league this season (we now have 2 under 16's teams and 1 under 14's team) which means more players are able to experience competitive play. We would like to welcome the following new players to the club: Olivia Sullivan; Katie Smith; Emilie Buckler; Gemma Newbold; Laila Hartry; Abi Harrison; Jo Barrett; Ellie Joyce; Danielle Moore; Kayleigh Brownlow; Megan Whitcher; Issy Gibbings; Charlotte Reid; Martha Howells; Sophie Walker; Saskia Van Duijneveldt. We hope you will all enjoy your time with the club and have fun whilst improving your netball skills!

TEAM BATH BALL GIRLS OPPORTUNITY!

We have some very exciting news!

BSNC Juniors have been selected to be 'Ball Girls' for Team Bath in their Superleague match against Team Northumbria! The match will take place in the evening of Friday 13th March at the University of Bath Sports Hall and we can take up to 12 girls. The girls are simply required to sit at set points around the court and retrieve any balls which stray off court, throwing them back to the player concerned. Full training is given by the Team Bath Event Manager prior to the match. This is a fantastic opportunity for the girls, not only to be part of a Superleague event, but also to meet the team and collect photos and autographs! We will shortly be sending out more detailed information and forms to complete for all those who are interested in taking part in this rare opportunity.



SEPTEMBER NETFEST



Well done to everyone who took part in the September Netfest. The weather was good and a total of £1200 was raised for charity. It was a great opportunity for our teams to play together prior to the start of the league and everyone seemed to have a lot of fun. Congratulations to Michaela Moreton who won the shooting competition scoring 11 goals in the 30 seconds allowed!

AVON LEAGUE UPDATE



BRADLEY STOKE U16's 1

The team have had a great start to the season, winning 2, drawing 1 and losing 2 matches. The match against Bath Cougars which ended in a draw was one of the most exciting matches of the season! At the half way point the team are lying in 5th position, but in fact have exactly the same score as the teams in 4th and 3rd positions and are only 5th on goal differences, so anything could happen! Good luck girls for the second half of the season!

BRADLEY STOKE U16's 2

Our newest team have shown great spirit and determination during the first part of the season. Some of the girls have been thrown in at the deep end (having never even played for U14's) but have not let that get in the way of going out and playing their best. The girls have stayed very positive and pulled together as a team, improving from match to match and gaining more and more possession of the ball. Keep up the good work girls and we look forward to watching your continued improvement throughout the next 5 matches!



BRADLEY STOKE U14's

With 3 wins and 2 losses, the team is currently lying in 3rd position! The girls have risen to the challenge of division 2 and although they have lost a couple of matches they have now settled into some great team play. We would like to especially commend the 4 new players to the team who have come from primary Hi 5 netball and have been thrown straight into Division 2! Well done girls! You have not let the transition faze you and you have been a credit to

the team. Also well done to the more experienced players who have helped to integrate the new girls into match play. Best of luck for the rest of the season!

ACHIEVEMENTS

Well done to Katrina Moreton who was recently awarded the John James Bristol Foundation prize for Contributions to Netball at Bristol Cathedral Choir School.

We would love to hear about the achievements of our players outside the club, either in netball or any other activity. This could be music, dance, gymnastics, another sport or participation in a scheme such as Duke of Edinburgh. PLEASE LET US KNOW so that you can be included in the next newsletter at the end of the season - just send the information to the club's email address and include a photo if possible!



ABSOLUTELY NO JEWELLERY ALLOWED!!!

Could you all please remember that **NO** jewellery is permitted at training or matches. Below is a recent email sent out by Julie Dyer, Avon League Secretary:

Hi ladies

Today I had to tell 3 players - all from different clubs - to remove earrings before they took to the court. One of them was unable to so could not play, leaving her team with 6 players. Two out of the three said that last season they were allowed to play with the earrings taped up, and in actual fact had come with them ready covered. All three players were from established clubs, so obviously messages are not getting passed on to new players.

Please please would you let ALL team members know that no jewellery of any kind is to be worn on court, except a wedding ring (taped) and a Medic Alert bracelet (covered). If jewellery is embedded and cannot be removed, then I'm afraid netball is not the sport for these players.

Many thanks

Julie

Although you may not think it possible, accidents do happen and a ripped ear would be extremely painful. Can we also take this opportunity to remind you that proper trainers must be worn for training sessions and match play. Thank you for your cooperation in helping us stay a 'safe' club.

COACHES UPDATE

Helen Newman



Helen continues to update her coaching skills and knowledge by attending coaching courses held at Bath University, (one of which was lead by the Australia netball coach), and by attending Superleague matches whenever she is able to. Helen reports that generally the girls continue to work hard during training sessions, with just a small minority group needing to work a little harder on their concentration skills! She is looking forward to the second half of the netball season.

Lyn Cowie



We would like to welcome Lyn Cowie to the club as our newest coach. Lyn has been coaching netball at Hambrook Primary School for the last 7 years. Her elder daughter, Gemma, was one of the first to join Bradley Stoke Juniors 3 years ago and now her younger daughter, Danielle, has recently become a member of the club. Lyn is currently working towards becoming a Level 1 coach and says she is looking forward to putting her new found skills into practice!

Sherbs (Sarah Herbert)

Sherbs is a member of our senior section and has been coming along to some of our junior training sessions this season to train the girls in umpiring skills. Here are a few lines from Sherbs herself:



"I've been playing netball (in Avon) for 15 years now and have been umpiring for 12 of those. I held my beginner award for 2 years before moving on to C level. I joined Bradley Stoke about 6 years ago and started working towards my B award which I achieved 3 years ago. I spent a year organising C testing for Avon Netball and then a further year as umpiring secretary for the county. I then became an umpire mentor and beginner tester. I still really enjoy umpiring and helping others who share the passion!!"

It has been a huge bonus to have Sarah come along to the juniors' sessions as I'm sure the girls who have worked with her will agree.

Rachel King



Unfortunately we have had to say a sad goodbye to our young coach Rachel! After working hard for her A Levels, Rachel gained a place at Loughborough University to study Sport and English. It has been a great loss for us but a huge gain for Loughborough where she is enjoying herself and already on the Loughborough University Netball Team (a huge accomplishment for a first year student), and also the University Ladies Rugby team where she is doing extremely well. Hopefully we will see more of Rachel when she returns home for holidays!

CHRISTMAS SOCIAL AT LASER FUSION

Thank you to everyone who came along to the Christmas Party at Laser Fusion. Unfortunately we were unable to book Jump as many of you would have liked but hopefully you all enjoyed the evening and weren't too worn out with all the running about!

We are already thinking what we can do next Christmas... any suggestions most welcome!!

JUNIOR REP

We are currently looking to appoint a Junior Rep for the club since our previous rep, Olivia Caple, has now moved to the senior section. The Junior Rep will liaise with all the other junior players to find out their opinions and ideas about the club and will be invited to attend committee meetings to put forward the views of the junior members. The position would ideally suit one of our older girls but is available to any junior member under the age of 18. Please let Helen or one of the other committee members know if you are interested.

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